

**ENGLISH  
SYLLABUS -  
2023-2024  
CLASS-1  
Learning  
Objectives**

1. Familiarize children with different sound words(digraphs)
2. Develop a vast vocabulary along with correct pronunciation and spellings.
3. Develop reading,writing,listening and speaking skills in children.
4. Promote reading habits in children .
5. Develop memory skills and skill of word association .
6. Teach children sentence structure,grammar and framing of questions.
7. Teach children poem recitation with correct pronunciation,intonation,action and expressions..
8. Enable children to communicate in simple English with correct comprehension of language.
9. Discriminate between different phonetic sounds and sound blends.
10. Understand the usefulness of books,newspapers etc as valuable sources of information.

**I TERM**

**APRIL**

Topic	Teaching aids/Methodology	Outcome
Lesson 1- The Pets	1. Reading of the lesson along with explanation. The students would be encouraged to see the pictures & read.	1. This will give reading practice to the students. 2. It would enhance child's confidence. 3. Moral value of taking care of animals will be inculcated.
Lesson 2 - A Funny,funny Zoo and  Lesson 3 - Kitty, The  Naughty Cat  Pr. Book pgs 1 to 8	1. Reading and explanation of the lesson.  2. Different prepositions would be taught using the objects in the classroom and through a rhyme  Activity: Simon says game- Students will stand and choose one thing in the class that everyone has and can use for example a chair,a book .The teacher will give simple instructions like Simon says sit on the chair.	1. Reading practice.  2. This would enhance their vocabulary.  3. Student's grammatical knowledge on prepositions would be enhanced.
Lesson 4 - Neha in a Jeep	1. Reading practice would be given along with stressing on 'ee' sound words.	1. Reading practice.

-ee sound words -Pr. Book Pgs. 9 to 11	2. Introduction of 'ee' sound words with pictures -bee, teeth, wheel, tree, seed, jeep, green, feet, peel, weep.  <b><u>Activity :Bindi Pasting in bee.</u></b>	2. The students will be able to read and understand ee sound words. 3. Read pictures with enhanced creativity.
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### MAY

Topic	Teaching aids/Methodology	Outcome
L-5: The Big Bell LL Sound words Pr. Book : Pgs. 12, 13 & 14	1. Reading and explanation of the lesson. 2. Introduction of ll sound words with pictures like bell, ball, well, tall, wall, hill, doll, pull, mall, small.  Activity - Drawing and colouring of the ball .	1. Reading practice. 2. This will inculcate self confidence and leadership skills among students. 3. Reading pictures with enhanced creativity.

### JULY

Topic	Teaching aids/Methodology	Outcome
L-6 : The Hot Spoon -oo sound words Pr. Book: Pgs. 15, 16 & 17	1. Reading and Explanation of the lesson. 2. Introduction of oo sound words with pictures - pool, boot, moon, loop, stool, roof, broom, school, food. Activity: Four corners game -The class will be divided into groups .Each group will say few oo sound words .The group which says maximum oo sound words will be the winner.	1. Reading practice. 2. Development of vocabulary. 3. Students will be able to read and understand sound words. 4. This will help in teaching them moral values.
L-7: A Shop in the Ship -sh sound words Pr. Book :Pgs. 18, 19, 20	1. Reading & explanation of the lesson. 2. Reading and writing of sh sound words with pictures - shop, ship, sheep, fish, dish, polish, shell, shirt, shoe, brush. Activity- Make a shopping list of sh sound words using flash cards . Button pasting in shirt	1. This will enhance their vocabulary. 2. To improve their listening and writing skills.

## AUGUST

Topic	Teaching aids/Methodology	Outcome
L-8 : Chintu & the Chicks -ch sound words Pr. Book : Pgs. 21, 22 & 23	1. Reading & explanation of the lesson. 2. Introduction of ch sound words with pictures - chain, cherry, cheese, chair, lunch, bench, rich, chalk, pitch, touch, branch, peach. Activity: Tearing and pasting in chick	1. Reading practice. 2. Improvement of spellings and vocabulary.
L-9 : The thief and the thorn - th sound words Pr. Book: Pgs. 24 to 27	1. Reading and explanation of the lesson, 2. Introduction of th sound words with pictures - thief, thorn, three, thread, thumb, thick, thirty, teeth, cloth, path, bath, mouth. Activity : Thread painting	1. Reading practice.
L-10 : The Puss in the class -ss sound words Pr. Book : Pgs. 28, 29, & 30	1. Reading & explanation of the lesson. 2. Introduction of ss sound words with pictures - chess, dress, brass, grass, class, toss, press, kiss, less, cross, glass, mess. Activity : Cut out 5 'ch'and 5 'th' words from a newspaper/story book & paste them in the notebook .	1. Reading practice. This will enhance their vocabulary and spellings.
Poem - One thing at a time	1. Reading, recitation and explanation of the poem	1. Poem recitation with correct pronunciation, voice modulation & intonation.

## II TERM SEPTEMBER

Topic	Teaching aids/Methodology	Outcome
L-11: Vicky & Nicky -ck sound words Pr. Book: Pgs. 31, 32 & 33	1. Reading & explanation of the lesson. 2. Introduction of ck sound words with pictures - sack, black, rack, lock, neck, clock, jacket, pocket, bucket, frock. Activity: Necklace making.	1. Reading practice.
L-12: The King's Ring -ng sound words Pr. Book: Pgs. 34 & 35 use of is,am and are	1. Reading & explanation of the lesson. 2. Introduction of ng sound words with pictures - ring, lung, hang, wing, swing, string, long, thing, gang, sing. Activity:Be quick game In this game children will have to clap their hands twice and click their fingers twice and continue doing so rhythmically while clicking fingers,teacher can start like this -will you please give some words having ng sound like hang 3.Explanation of use of is,am and are by the teacher using pictorial representation	1. Reading practice. 2. Improvement of vocabulary.
L-15: Poem-My Mummy	Reading, recitation and explanation of the poem	1. The students will recite the poem with actions.

## OCTOBER

Topic	Teaching aids/Methodology	Outcome
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Use of I, He, She and It L-15: Anil and Geeta Pr. Book - Pg. 36 To 42	1. Reading and explanation of the lesson related to the use of I, He, She and It. 2 Reading of the lesson- Anil and Geeta along with its explanation.	1. This will help students to understand the usage of I, He, She and It.
One and Many	1. Drawing the pictures related to One and Many in the notebook. 2. Activity: Sorting of flash cards under one and many.	1. It will improve their speaking skills.
L-16: Out of the Cage Pr. Book: Pgs. 43, 44 & 45	1. Reading and explanation of the lesson.	
L-17: Tiny Ball (Poem)	1. Reading, reciting and explanation of the poem. 2. Drawing of the picture related to the poem in the notebook .	The students will be able to recite with correct pronunciation & intonation.
Use of You, We and They	1. Introduction of the concept of You, We and They 2. Simple Exercises related to its use will be done in the notebook.	

## NOVEMBER

Topic	Teaching aids/Methodology	Outcome
L-18: Clever Chicks related to use of You, We & They  Pr. Book: Pgs. 46, 47 & 48	1. Reading and explanation of the lesson 2. Use of This, That, These and Those will be explained and written in notebook. 3. Fill in the blanks will be done along with picture drawing.	1. Reading practice. 2. This will help in improving vocabulary and conversation skills. 3. This will help the students to participate in discussion thereby improving the speaking skills.
Use of Has and have  Pr. Book: Pgs. 49 to 53	1. Use of has and have will be taught through pictorial representation. 2. Fill in the blanks with has or have will be done.	
L-19: Tommy the Pet  Use of This, That, These and Those	1. Reading and explanation of the lesson 2. Use of This, That, These and Those will be explained and written in notebook. 3. Fill in the blanks will be done along with picture drawing.	

## DECEMBER

Topic	Teaching aids/Methodology	Outcome
Lesson-20: A Picnic related to This, That, These, Those  Pr. Book: Pgs. 54, 55 & 56	1. Reading and explanation of the lesson. 2. Framing sentences with simple words in the notebook.	. This will improve their writing skills and help in building vocabulary. . Reading practice.
Use of his, her, my, your Pr. Book: Pgs. 57 to 61	1. Sentences related to the concept will be done in the notebook	1. This will help students to improve their conversation skills.
L-21: Raju's Bunny  Negative Sentences	1. Reading and explanation of the lesson. 2. Framing of simple questions and answers (Negative) will be done in the notebook along with picture drawing.	1. This will enhance their confidence.
Positive Sentences	1. Framing of simple questions and answers (Positive)	1. This will help students in framing questions in daily conversation.
Use of What Pr. Book: Pgs. 62 & 63	1. Framing of questions using 'What' in notebook along with picture drawing. Activity: Students will be asked to frame questions orally (using objects) .	

## JANUARY

Topic	Teaching aids/Methodology	Outcome
L-22: Kittys' Birthday explaining colour names	1. Reading and explanation of the lesson. Activity: Worksheet on colour coding will be done.	1. Reading practice. 2. Improvement of Vocabulary

Pr. Book: Pg. 64		
Opposites Pr. Book: Pgs. 65, 66 & 67	Making of Birthday Invitation Card	
Action Words	Introduction of Doing or Action words in the class.	1. Knowledge about action words.
L-23: The Ants  Pr. Book: Pgs. 68 to 71	1. Reading and explanation of the lesson. Memory Game Activity: Flash cards of doing words will be shown to students in class for a particular duration and then removed. They will have to remember and tell maximum doing words .	1. Reading practice. 2. Improvement of Vocabulary & spellings.

### FEBRUARY

Topic	Teaching aids/Methodology	Outcome
Yesterday was a holiday related to use of is and was	1. Reading and explanation of the lesson. 2. Fill in the blanks using is and was.	1. Reading practice
L-24: The Greedy Monkey (Use of was and were) Pr. Book: Pgs. 72, 73 & 78	1. Reading and explanation of the lesson.	1. Reading practice 2. Building vocabulary
Use of a, an Pgs. 74, 75	1. Fill in the blanks using a or an in the notebook 2. worksheets will be done to recapitulate the concept.	
L-25: Golu's Shop	1. Reading and explanation of the lesson.	1. Reading practice
L-26: Neha in the Forest	1. Reading and explanation of the lesson. <b>Old Mc Donald had a farm rhyme.</b>	1. Improvement of vocabulary.

	<b>MARCH-</b> Revision of entire syllabus	
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# हिंदी

सत्र 2023-24

कक्षा प्रथम

## पुस्तके

- भाषा माधुरी
- भाषा अभ्यास

## उद्देश्य

- मात्राओं का ज्ञान करवाना (लिखित एवं मौखिक)
- मात्राओं के अंतर को समझना
- शुद्ध उच्चारण पर बल देना
- शब्दकोश में वृद्धि करवाना
- सुलेख सुंदर बनवाना
- पठन-पाठन के प्रति रुचि बढ़ाना
- पर्यावरण ज्ञान देना
- व्याकरण –लिंग, वचन और विपरीत शब्दों का ज्ञान देना तथा भाषा में उनके सही प्रयोग को सिखाना

अप्रैल

विषय	कार्यप्रणाली
अ से अः	लिखित कार्य, आपसी चर्चा के द्वारा उच्चारण के माध्यम से स्वर और व्यंजन का ज्ञान करवाया जायेगा
क से ज्ञ	लिखित अभ्यास करवाया जायेगा
दो तीन एवं चार अक्षर के शब्द	भाषा अभ्यास पृष्ठ 1, 2 कक्षा में करवाये जायेगे दो तीन एवं चार अक्षर के शब्दों को का लिखित ज्ञान दिया जायेगा
	भाषा माधुरी पृष्ठ 2 के द्वारा दो तीन व चार अक्षर के शब्द बुलवाएं जायेगे
	छात्रों से चित्र कॉपी में बनवाए जायेगे
	चित्रों को देखकर शब्द लिखने के लिए प्रेरित किया जायेगा
	भाषा अभ्यास पृष्ठ 3 के द्वारा चित्रों का शब्दों से मिलान करवाया जाएगा
	पृष्ठ 4 में बच्चे चित्र देखकर अधूरे शब्दों को पूरा करेंगे
गतिविधि	पृष्ठ 5 चित्र देखकर वाक्य पूरा करो
आ की मात्रा	चित्रों का मिलान करना
	आ की मात्रा का परिचय एवं आ की मात्रा के दो तीन चार वाले शब्दों का मौखिक एवं लिखित ज्ञान देना
	समान लय वाले शब्द एवं चित्र सहित शब्द कार्य कॉपी में करवाया जाएगा
पाठ 3 समझदार अजय	भाषा माधुरी पृष्ठ 3 के द्वारा आ की मात्रा के शब्दों का उच्चारण करवाना
	पाठ 3 समझदार अजय
	पाठ समझदार अजय के माध्यम से आ की मात्रा का ज्ञान एवं उच्चारण करवाया जाएगा
	पृष्ठ 5 पर दिया गया अभ्यास कार्य बच्चे स्वयं करेंगे
	नए शब्दों का बच्चों से उच्चारण करवाया जाएगा
भाषा अभ्यास पृष्ठ 1 से 10	भाषा अभ्यास पृष्ठ
दो अक्षर के शब्द	भाषा अभ्यास प्रश्न 6 से 10 आपसी चर्चा के बाद करवाए जाएंगे
तीन अक्षर के शब्द	
चार अक्षर के शब्द	
गतिविधि	



	<p>मात्रा का पूर्ण ज्ञान देने के लिए वाक्य बनवाए जाएंगे</p> <p>आम के चित्र को कॉपी में बनवा कर उसमें रंगीन पेपर चिपकाना</p> <p>आम फलों का राजा है कहानी के माध्यम से प्रस्तुत किया जाएगा</p>
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## मई

विषय	कार्यप्रणाली
<p>इ की मात्रा</p> <p>पृष्ठ 6</p> <p>पाठ रविवार का दिन</p> <p>भाषा अभ्यास</p> <p>पृष्ठ 11 से 15</p> <p>दो अक्षर के शब्द</p> <p>तीन अक्षर के शब्द</p> <p>चार अक्षर के शब्द</p> <p>गतिविधि</p>	<p>लिखित कार्य, आपसी चर्चा के द्वारा</p> <p>इ की मात्रा का परिचय</p> <p>इ की मात्रा का उच्चारित ज्ञान</p> <p>भाषा माधुरी पृष्ठ 6 के माध्यम से करवाना</p> <p>मात्रा लगाकर शब्द बनाओ</p> <p>दो तीन एवं चार अक्षर के शब्द</p> <p>समान लय वाले शब्द</p> <p>चित्र सहित शब्द इत्यादि कार्य कॉपी में करवाना</p> <p>भाषा माधुरी पृष्ठ 7 रविवार का दिन कक्षा में पढ़ाना वह समझाना</p> <p>इ की मात्रा वाले शब्दों पर विशेष बल देकर बुलवाना</p> <p>पृष्ठ 8 पर दिया गया अभ्यास कार्य करवाना</p> <p>वर्ग पहेली में से आ और इ की मात्रा के शब्दों को ढूंढ कर लिखिए</p>

## जुलाई

विषय	कार्यप्रणाली
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<p>ई की मात्रा</p> <p>पृष्ठ 9</p> <p>पाठ दीपावली आई</p> <p>भाषा अभ्यास</p> <p>पृष्ठ 11 से 15</p> <p>दो अक्षर के शब्द</p> <p>तीन अक्षर के शब्द</p> <p>चार अक्षर के शब्द</p> <p>गतिविधि</p>	<p>लिखित कार्य, आपसी चर्चा के द्वारा</p> <p>सर्वप्रथम ई की मात्रा का परिचय भाषा माधुरी पृष्ठ 9 के माध्यम से करवाया जाएगा ई की मात्रा का परिचय एवं ई की मात्रा लगाकर शब्द बनाओ कार्य कॉपी में करवाया जाएगा</p> <p>समान लय वाले शब्द चित्र सहित शब्द कार्य करवाया जाएगा भाषा माधुरी पाठ - दीपावली आई पढ़ाया और समझाया जाएगा</p> <p>पृष्ठ 11 पर दिया गया कार्य आपसी चर्चा के बाद करवाया जाएगा</p> <p>भाषा अभ्यास पृष्ठ 16 से 19 तक कार्य कक्षा में करवाया जाएगा</p> <p>तितली का चित्र बनवाकर उसमें बिंदी चिपकाई जाएगी</p>
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## अगस्त

विषय	कार्यप्रणाली
<p>उ की मात्रा</p> <p>पृष्ठ 12</p> <p>पाठ- गुड़िया की शादी</p> <p>लिंग बदलो</p> <p>भाषा अभ्यास पृष्ठ 20 से 24</p> <p>दो अक्षर वाले शब्द</p>	<p>लिखित कार्य, आपसी चर्चा के द्वारा</p> <p>उ की मात्रा का परिचय</p> <p>उ की मात्रा लगाकर शब्द बनाओ</p> <p>दो तीन व चार अक्षर वाले शब्दों का ज्ञान दिया जायेगा समान लय वाले शब्द चित्र सहित शब्द कॉपी में करवाए जायेगे</p> <p>मात्रा का ज्ञान देने के लिए वाक्य बनवाए जायेंगे</p> <p>लिंग बदलो कार्य करवाया जाएगा</p> <p>भाषा माधुरी पृष्ठ के द्वारा उ की मात्रा का उच्चारण करवाया जायेगा</p> <p>पाठ- गुड़िया की शादी पढ़ाया जायेगा तथा समझाया जायेगा</p> <p>अभ्यास कार्य पृष्ठ 14 करवाया जायेगा</p> <p>भाषा अभ्यास पृष्ठ 20 से 24 करवाए जायेगे</p>

<p>तीन अक्षर वाले शब्द चार अक्षर वाले शब्द गतिविधि</p>	<p>लिंग बदलो</p> <p>कागज की मुरली बनवाई जाएगी और सजाई जाएगी</p>
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## सितंबर

विषय	कार्यप्रणाली
<p>ऊ की मात्रा</p> <p>पाठ - जादूगर का जादू</p> <p>भाषा अभ्यास पृष्ठ 25 से 31</p> <p>दो अक्षर के शब्द तीन अक्षर के शब्द चार अक्षर के शब्द</p> <p>गतिविधि</p>	<p>लिखित कार्य, आपसी चर्चा के द्वारा</p> <p>ऊ की मात्रा का उच्चारण पृष्ठ 16 के द्वारा कक्षा में करवाया जाएगा</p> <p>ऊ की मात्रा का परिचय</p> <p>ऊ मात्रा लगाकर शब्द बनाओ</p> <p>दो तीन व चार अक्षर वाले शब्दों का ज्ञान करवाया जाएगा</p> <p>समान लय वाले शब्द व चित्र सहित शब्द कॉपी में करवाए जाएंगे</p> <p>मात्रा का पूर्ण ज्ञान देने के लिए वाक्य बनवाए जाएंगे</p> <p>भाषा माधुरी पृष्ठ 8 जादूगर का जादू कक्षा में पढ़ाया वह समझाया जाएगा</p> <p>अभ्यास कार्य पृष्ठ 18 पर कार्य करवाया जाएगा</p> <p>भाषा अभ्यास पृष्ठ 15 से 31 तक कार्य करवाया जाएगा</p> <p>तरबूज का चित्र बनाकर चित्र में रंगीन कागज को चिपकाना (tearing and pasting)</p>

## अक्टूबर

विषय	कार्यप्रणाली
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ए की मात्रा	लिखित कार्य, आपसी चर्चा के द्वारा
भाषा माधुरी पृष्ठ 19 पाठ - मेला	ए की मात्रा का परिचय ए की मात्रा के दो तीन व चार अक्षर के शब्दों का ज्ञान दिया जाएगा समान लय वाले शब्द कॉपी में करवाए जाएंगे चित्र सहित शब्द मात्रा का पूर्ण ज्ञान देने के लिए वाक्य बनवाए जाएंगे
भाषा अभ्यास पृष्ठ 32 से 36 एक अनेक (वचन)	भाषा माधुरी पृष्ठ 19 के द्वारा ए की मात्रा के शब्दों का उच्चारण करवाना पाठ मेला के द्वारा ए की मात्रा वाले शब्दों पर विशेष बल एवं पाठ को पढ़ाना एवं समझाना भाषा अभ्यास पृष्ठ 32 से 36 तक कार्य करवाया जाएगा
दो अक्षर के शब्द तीन अक्षर के शब्द चार अक्षर के शब्द	ए की मात्रा लगाकर शब्द बनाओ वचन बदलो कार्य कॉपी में करवाया जाएगा
गतिविधि	कहानी के द्वारा रेलगाड़ी का प्रयोग एवं शब्द रेलगाड़ी पर जोर

नवंबर

विषय	कार्यप्रणाली
ऐ की मात्रा	लिखित कार्य, आपसी चर्चा के द्वारा
भाषा माधुरी	ऐ की मात्रा का परिचय
पृष्ठ 22	ऐ मात्रा लगाकर शब्द बनाओ
	ऐ की मात्रा के दो तीन व चार अक्षर वाले शब्दों का ज्ञान देना
	समान लय वाले शब्द
	चित्र सहित शब्द
	वाक्य बनाना

पाठ- शैला की मैना  भाषा अभ्यास पृष्ठ 37 से 40 दो अक्षर वाले शब्द तीन अक्षर वाले शब्द चार अक्षर वाले शब्द गतिविधि	पृष्ठ 22 पाठ - शैला की मैना भाषा माधुरी पृष्ठ 22 के द्वारा ऐ मात्रा वाले शब्दों का उच्चारण करवाना पाठ 10 को पढ़ना और समझना अभ्यास कार्य करवाना भाषा अभ्यास पृष्ठ 37 से 40  दिए गए अनुच्छेद को पढ़कर ऐ मात्रा के शब्द छांटकर लिखो कागज का थैला कक्षा में बनवाया जाएगा
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## दिसंबर

विषय	कार्यप्रणाली
ओ की मात्रा  भाषा माधुरी पृष्ठ 26 पाठ- होली का दिन  भाषा अभ्यास पृष्ठ 41 से 44  दो अक्षर वाले शब्द तीन अक्षर वाले शब्द चार अक्षर वाले शब्द  गतिविधि	लिखित कार्य, आपसी चर्चा के द्वारा  मात्रा का परिचय ओ की मात्रा लगाकर शब्द बनाओ ओ की मात्रा के दो तीन व चार अक्षर के शब्द समान लय वाले शब्द चित्र सहित शब्द करवाए जाएंगे वाक्य बनाओ कार्य कक्षा में करवाया जाएगा भाषा माधुरी पृष्ठ 26 के माध्यम से ओ की मात्रा का उच्चारण करवाना पाठ- होली का दिन को पढ़ना व समझाना  भाषा अभ्यास पृष्ठ 41 से 44 तक करवाना  ओ की मात्रा का प्रयोग करते हुए किन्हीं चार पशु पक्षियों के नाम लिखो एवं उनके चित्र बनाओ

<p>औ की मात्रा भाषा माधुरी पृष्ठ 29 पाठ- कौशल की सालगिराह</p> <p>भाषा अभ्यास पृष्ठ 45 से 48</p> <p>दो अक्षर वाले शब्द तीन अक्षर वाले शब्द चार अक्षर वाले शब्द</p> <p>गतिविधि</p>	<p>उदाहरण के लिए मोर, तोता, कोयल लिखित कार्य, आपसी चर्चा के द्वारा</p> <p>मात्रा का परिचय औ की मात्रा लगाकर शब्द बनाओ औ की मात्रा के दो तीन व चार अक्षर के शब्द समान लय वाले शब्द चित्र सहित शब्द करवाए जाएंगे वाक्य बनाओ कार्य कक्षा में करवाया जाएगा भाषा माधुरी पृष्ठ 29 के माध्यम से औ की मात्रा का उच्चारण करवाना पाठ- कौशल की सालगिराह को पढ़ना व समझाना</p> <p>भाषा अभ्यास पृष्ठ 45 से 48 तक करवाना कागज़ की नौका बनवाई जाएगी</p>
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## जनवरी

विषय	कार्यप्रणाली
<p>अं की मात्रा</p> <p>भाषा माधुरी पृष्ठ 32 पाठ- संजय की पतंग</p> <p>भाषा अभ्यास पृष्ठ 41 से 44</p>	<p>लिखित कार्य, आपसी चर्चा के द्वारा</p> <p>अं की मात्रा के दो तीन व चार अक्षर के शब्दों का ज्ञान दिया जाएगा समान लय वाले शब्द चित्र सहित शब्द कॉपी में बनवाए जाएंगे मात्रा का ज्ञान देने के लिए वाक्य बनवाए जाएंगे विपरीत शब्द समझाए जाएंगे तथा कॉपी में लिखवाए जाएंगे भाषा माधुरी पृष्ठ 32 के माध्यम से मात्रा का ज्ञान करवाया जाएगा पाठ संजय की पतंग को कक्षा में पढ़ावाया व समझाया जाएगा अभ्यास कार्य आपसी चर्चा के बाद करवाया जाएगा</p>

विपरीत शब्द दो अक्षर वाले शब्द तीन अक्षर वाले शब्द चार अक्षर वाले शब्द  गतिविधि	भाषा अभ्यास पृष्ठ 4 9 से 52 पुस्तक में करवाए जाएंगे  रंगीन कागज का प्रयोग करते हुए पतंग बनाना
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## फरवरी

विषय	कार्यप्रणाली
चंद्रबिंदु (ँ)  दो अक्षर वाले शब्द तीन अक्षर वाले शब्द चार अक्षर वाले शब्द भाषा माधुरी पृष्ठ 35 पाठ- ताँगे वाले की मूँछें भाषा अभ्यास पृष्ठ 53 से 66 विपरीत शब्द गतिविधि कविता- परियों की रानी एक अनेक (वचन) पाठ- मस्त कलंदर कविता- नन्ही चिड़िया पाठ- अच्छी परी कविता- गुब्बारे वाला पाठ- योगशाला	लिखित कार्य, आपसी चर्चा के द्वारा चंद्रबिंदु के दो तीन व चार अक्षर वाले शब्दों का ज्ञान दिया जाएगा समान लय वाले शब्द चित्र सहित शब्द कॉपी में करवाए जाएंगे मात्रा का पूर्ण ज्ञान देने के लिए वाक्य बनवाए जाएंगे  भाषा माधुरी पृष्ठ 35 के द्वारा चंद्रबिंदु के शब्दों का उच्चारण करवाया जाएगा पाठ- ताँगे वाले की मूँछें का पठन-पाठन व अभ्यास कार्य करवाया जाएगा  भाषा अभ्यास 58 से 66 तक का कार्य करवाया जाएगा  चित्रों को देखकर चंद्रबिंदु की मात्रा का प्रयोग करके प्रत्येक शब्द को पूरा करें एवं वाक्य बनाएं कागज़ की घंटियाँ बनाकर उसे कक्षा में सजाएं सभी मात्राओं का संपूर्ण ज्ञान देने के लिए यह पाठ तथा कविताएं करवाई जाएंगी

## **CLASS I**

### **General Objectives:**

The child will be able to

1. Develop the concept of comparisons.
2. Know the sequence of numbers from 0 to 99.
3. Understand the face value and place value of whole numbers 0 - 99.
4. Use appropriately the symbols of  $>$ ,  $<$ ,  $=$ .
5. Apply/use numbers in different ways from 1 to 99.
6. Read and write number names from 1 to 99.
7. Perform two basic operations (addition/subtraction) with whole numbers abstractly.
8. Develop the basic concept of money transaction.
9. Read time on a clock in a complete hour.
10. Measure the capacity by using non-standard units.
11. Measure the weight of different objects by using non-standard units of measurement.
12. Develop the concept of length and measurement.
13. Understand basic shapes
14. Recognize and classify various solids in the environment on the basis of their shapes.
15. Be familiar with ordinal numbers – first to tenth.

## **I TERM**

### **APRIL/MAY**

#### **Topic Learning Objectives** Counting 1 to 99

Back counting 99 to 1 Number Names 1 to 30 Comparisons

Missing Numbers Number Ordering ( $>$ ,  $<$ ,  $=$ )

Place Value

1. To enable the students to handle numbers mentally.
2. To enable students to write the number names and learn the spellings phonetically.
3. To enable them to do all the number concepts like missing numbers, greater than-less than, before-after-between themselves.
4. To activate their previous knowledge and apply that knowledge.
5. To enable them to use the skill of handling numbers carefully and mentally.

## **APRIL**



### **Topic Methodology**

Counting 1 to 99

Back counting 99 to 1

Number Names 1 to 20 Comparisons

Missing Numbers

- Through speaking, counting will be recapitulated among the students. • Back counting will be spoken loudly and children would repeat along with the teacher.
- Introducing number names through repeated memorization of spellings. • Written practice would be given in the notebook.
- The concept will be recapitulated through worksheet and ppts. • Concept of missing number would be introduced with the help of number cards eg. 5 6 ? 8
- Activity- Snakes and ladders would be drawn on the floor at home and played with family members. The children will be encouraged to play by jumping on desired number (for concept of before, after, between)
- Activity - Children will compare the items present in their pencil boxes and identify/ categorize them into small, big, smallest, biggest, smaller than and bigger than.

## **MAY**

### **Topic Methodology**

Number Names 20 to 30

Number Ordering ( $>$ ,  $<$ ,  $=$ )

Place Value

- Concept of number names would be taken up
- Counting the number of objects in given collection shown during the online class, thereafter children will identify which collection has greater and lesser objects
- Guiding the children to develop the concept by showing a simple working model of abacus
- Teacher will show the number on the ppt and the children would draw the same by showing the beads on abacus in the notebook
- Activity - Two chairs will be labeled as Tens and Ones. Children will be given sheets of papers with single digit numbers. A number will be called out and children will sit in their respective chairs based on each digit's place value.

## **JULY**

### **Topic Learning Objectives**

Number Names 30 to 50 Ordinal numbers 1 to 10

Ascending/Descending Order

### **Methodology**

- To define the concept of ordinal numbers
  - To understand when and how ordinal numbers are used
  - To speak and write various ordinal numbers
  - To understand usage of numbers and arrange sequentially both from small to big and big to small
  - To enable the children to understand the sequence of numbers • To memorize the spellings from 30 to 50
- Writing the numeral with number names in the notebook
- Children would be shown a picture of persons standing in a queue and asked to tell their respective positions using ordinal numbers
- A quiz related to ordinal numbers would be done in the online class. Also, a video made by the teacher would be sent to the children for better clarity of the concept
- A set of flash cards with numbers written would be shown to children and they would be asked to arrange them in ascending/descending order
- Activity - Children will climb up and down the stairs to understand the meaning of ascending/descending order. Children will then be given 2 digit number placards. They arrange themselves in ascending or descending order by climbing up and down the stairs.

## **AUGUST**

### **Topic Learning Objectives**

Number Names 50 to 60

Simple Addition and Subtraction (0-20)

### **Methodology**

Addition and Subtraction

- Students will be able to perform basic operation with whole numbers: ▪ On number line
- Using ice-cream sticks and pencil stacks etc.

- Horizontally
- Vertically
- Number names would be done through written practice in the notebook
- Introduction of number line for addition and subtraction and practice through a working model of number line
- Sums would be done using class objects and practice worksheets after sending a video made by the teacher on the concept of simple addition using objects
- Horizontal and vertical addition sums would be done in the notebook
- Activity -A number line will be painted/drawn on the floor. Children will be given one-digit arithmetic equations to solve on the number line. Children will stand on the first number, jump forward or backward based on addition and subtraction respectively.

## **II TERM**

### **SEPTEMBER**

#### **Topic Learning Objectives**

Number Names 60 to 70 Shapes

Solid Shapes

#### **Methodology**

- To enable students to understand the concept of sides and corners of all the basic shapes.
  - To enable students to understand the concept of solid shapes and be able to correlate the solid shapes with real objects.
  - To be able to associate the shapes with real objects in the surrounding.
  - Writing the numeral with number names in the notebook
  - Identify and name shapes (i.e. circle, triangle, square, rectangle) which have plane surfaces.
  - Draw simple plane figures and identify their properties (sides and corners)
  - Identify objects in the environment which are of shapes - cuboid, cube, sphere, cylinder and cone
  - Giving a solid shape and let them identify the number of faces of the same
  - Activity – Collage making using shapes
- Children can take cut outs of any 2 shapes and paste/draw pictures of the objects that are of the same shape. Eg- Circle (pictures objects that can be pasted/drawn are CD, coin, doughnut, bangle, etc.)
- Activity - Children will draw a scenery using simple shapes such as circle triangle, square and rectangle.
  - Activity - Find out objects in their house that resemble a solid shape such as cube,

cuboid, cone and sphere and describe them.

## **OCTOBER**

### **Topic Learning Objectives**

Days of the week

Length

Number names 70 to 90

### **Methodology**

- To foster skills related to length – long, short and measuring objects using non-standard units.
- To enable the students to learn and understand the concept of length using non standard units.
- To enable them to use non- standard units in day to day life
- To enable them to measure objects using cubit, handspan and palm in different situations.
- Daily use of a calendar to know the date and day
- Worksheet on naming the days of the week in sequence
- Rhyme on days of the week would be sung in the class and written in the notebook
- Discussion on usage of non-standard units (such as handspan, human feet, stick etc.) to measure length of objects in immediate neighbourhood environment
- Writing the numerals with the number names in the notebook
- Activity - Children will use non-standard units such as handspan, footspan and small objects like eraser etc to measure length of objects and furniture in the classroom such as their tables.

## **NOVEMBER**

### **Topic Learning Objectives**

Two-digit addition and subtraction (upto 99)

### **Methodology**

- To enable students to understand the meaning of addition and subtraction
- To enable them to differentiate between the meaning of addition and subtraction
- To enable students to solve the different types of addition and subtraction i.e. on number line, horizontal, vertical and on abacus
- To equip them with the concept of place value- ones and tens
- To enable them to solve mentally

- Playing cards placed on a soft board would be used to show the operation of addition and subtraction in the class
- Using abacus for addition and subtraction (a working model of abacus would be demonstrated)
- Addition/ Subtraction Dominoes – A domino card is divided into two portions. One has number and other has an equation of addition/subtraction
- Doing variety of sums in the Maths book and notebook (no carry over or borrowing)
  - Activity - A domino card is divided into two portions. The smaller portion has a numeral and the bigger one has an equation of addition or subtraction. The children are divided into six groups. Each group is given a few domino cards. The rest are spread out on the floor. Each group will match their cards with the ones on the floor.

## **DECEMBER**

### **Topic Learning Objectives**

Capacity

Weight

### **Methodology**

- To develop the concept of capacity like more, less
- To acquire the ability to apply the concepts in our day to day life • To encourage children to develop thinking skills and self confidence • To impart basic concept of measuring weight
- To differentiate between heavy or light weight objects • To compare heavy or light weight objects
- To enable the students to weight non- standard units of weight
  - Children will be asked to fill 3 containers with a liquid by a 'make do measure' - Compare capacities of containers by using the vocabulary such as greater/lesser than etc. - Ordering these containers as per their capacities
  - Compare two or more objects and arrange them as per their weight
  - Activity of balancing and weighing two quantities and using appropriate vocabulary (such as heavy, light etc.) . A simple weight balance would be shown and explained
  - Use of non- standard units of weight (beads, stones) to weigh objects in immediate neighbourhood environment using a toy scale or a pan balance
- Activity - Children will make a weighing scale using cups, hangar and ribbons/jute rope. Using non standard units such as sharpener etc, they will measure the weight of their pencils and scales. They will also compare the items with their partners and label the objects as heavier or lighter.

## **III TERM**

### **JANUARY**

## **Topic Learning Objectives**

Time

Number Names 90 to 99 **Methodology**

- To make the students understand about the concept of Time • To enable students to read, write and represent time on the clock • Students will be able to understand the importance of time on one's life
- Picture game wherein children can discriminate between morning and evening time, afternoon and night time.
- Identify hour and minute hand of a clock which would be demonstrated through a video
- Read time in complete hours (when the hour hand is at different marks on the dial of a clock and the minute hand is at 12)
- Writing the numeral with the number names in the notebook
- Activity - Children will create a clock using cardboard etc and movable hour and minute hands. Teacher will announce a time and students will represent that in their cardboard clocks.

## **FEBRUARY**

### **Topic Learning Objectives**

Money • To make the students identify and name the coins and notes

- To make the students comprehend various terms related to the concept of money
- To make the students know the assigned value to all the coins and notes (currency)
- To make the students understand various mathematical operations related to the currency
- To make the students aware of various situations in which money is used
- To make the students aware of various symbols associated with money

### **Methodology**

- Recognize coins and currency notes through physical viewing
- Activity- Trace different coins in the notebook using crayons
- Make collections of different coins with a single coin having equivalent to the sum of the values of all the coins of the collection
- Addition/Subtraction with the help of coins and notes
- Sums to be done in the book, notebook and practice sheets
- Games involving buying and selling will be played in the class
- Activity - Children will bring fake notes and do roleplay of shopkeeper and customer and do money transactions using addition and subtraction of money with the help of fake notes and their own stationary.

## **MARCH**

Revision of entire syllabus

## **EVS**

**SYLLABUS – 2023-2024**

**CLASS – I**

### **General Objectives:**

1. Be curious about the world around them.
2. Develop a tendency to explore his/her surroundings.
3. Develop an awareness about the human body and how to take care of it.
4. Understand the meaning and importance of a 'Family' and comprehend its working.
5. Understand and interpret the relationship between man and his environment (food, housing, clothing).
6. Identify places/institutions of importance in the neighbourhood.
7. Know simple facts about the tradition behind local fairs and festivals.
8. Develop a scientific attitude and healthy work habits.

## **I TERM**

**APRIL**

### **Learning Objectives (Body Parts):**

- To identify and name body parts.
- To know the importance of each part of the body.
- To enable them to label and relate their body parts.
- To enable them to do text-based questions.
- To develop reflective thinking skills.
- To identify the sense organs and function of each sense organ.

Topic	Methodology
More about me	<ul style="list-style-type: none"> <li>- Activity: I, me, myself Children would come upfront and describe themselves. They will speak about their likes and dislikes.</li> <li>- ‘This is Me’ Children will arrange their photograph and paste it in their notebook.</li> <li>- Reading of the lesson along with discussion.</li> </ul>
Body Parts	<ul style="list-style-type: none"> <li>- Discussion on body parts followed by reading of the lesson.</li> <li>- Children will draw a boy/girl in their notebook and label the body parts.</li> <li>- ‘The Body Parts.’ Rhyme on body parts would be narrated to recapitulate the concept.</li> <li>- Children will draw and colour the ‘sense organs’ in their notebook.</li> </ul>

## MAY

### Learning Objectives (Keeping Clean):

- To educate them on hygiene and cleanliness.
- To explain why having good personal hygiene is important.
- To list and discuss how to have good personal hygiene.
- To enable them to do text-based questions.

Topic	Methodology
Keeping clean	<ul style="list-style-type: none"> <li>- Dramatization of rhyme on clean would be done.</li> <li>- Discussion on health and hygiene.</li> <li>- Hygiene monitors would be made in class who will check nails in the class.</li> <li>- Demonstration of things that keeps us clean in the class.</li> <li>- Pasting pictures of things that help us in keeping clean.</li> </ul>

## JULY

### Learning Objectives (Our Food):

- To recognize the importance of eating food.



- To enable them to identify healthy and unhealthy (junk) food.
- To inculcate healthy eating habits among learners.

Topic	Methodology
Our Food	<ul style="list-style-type: none"> <li>- Picture pasting of healthy and junk food would be done in the notebook.</li> <li>- ‘Eat Healthy’ Rhyme would be narrated.</li> <li>- Reading and explaining the lesson.</li> <li>- Making of Fruit basket.</li> <li>- Making healthy food at home and ‘Show and tell’ online. - Students would give answers and participate in online quiz.</li> </ul>

## AUGUST

### Learning Objectives:

- Keeping healthy
- To identify the healthy behaviours that affect personal health.
- To demonstrate healthy practices to maintain and improve personal health.
- To be able to do text-based exercises.
- Rakshabandhan Celebration
- To strengthen family relations.
- To explain family’s importance.
- To explain about festivals celebrated in India.

Topic	Methodology
Keeping Healthy	<ul style="list-style-type: none"> <li>- Story narration on a girl who hated fruits and vegetables would be done to stress on eating healthy food.</li> <li>- Simple physical exercises will be done.</li> <li>- Making of a first aid box.</li> <li>- Describe contents of the first aid box.</li> <li>- Audio visual on 'importance of healthy food'.</li> </ul>
Rakshabandhan Celebration	<ul style="list-style-type: none"> <li>- Discussion on Rakshabandhan</li> <li>- Rakhi Making.</li> </ul>

### Learning objectives

- Clothing
  - To explain the primary functions of clothing.
  - To analyse the roles of weather in clothing choice.
  - To differentiate among different clothes.
- Independence Day celebration.
  - To inculcate the spirit of patriotism.
  - To foster creative skills.

Topic	Methodology
Clothing	<ul style="list-style-type: none"> <li>- Reading and explaining the lesson</li> <li>- Discussion on various types of clothes</li> <li>- Children will paste different types of cloth material in their notebooks</li> </ul>
Independence Day celebration	<ul style="list-style-type: none"> <li>- Cotton dabbing in flag</li> <li>- Special assembly would be held online</li> </ul>

## II - TERM

### SEPTEMBER

#### Learning Objectives:

- A house is a must
- To enhance children's knowledge on types of houses.
- To teach them about different vocabulary related to house like rooms, window, door etc.
- To recognize various functions of living in a house.
- To compare and contrast different types of houses.
- Teacher's day celebration
- To make the students aware of the importance of teachers.
- Hindi divas celebration
- To brief them about the origin and usage of Hindi language.
- Janmashtami celebration
- To inculcate respect towards different religions.

Topic	Methodology
A house is a must	<ul style="list-style-type: none"><li>- Graphical demonstration would be given and illustration would be made in the notebook on different types of houses.</li><li>- Pasting pictures of different rooms in a house.</li><li>- Writing about different types of houses in notebook.</li><li>- 'House Making Activity' on a sheet using ice-cream sticks.</li><li>- PowerPoint presentation on houses would be shown.</li></ul>
Janmashtami Celebration	<ul style="list-style-type: none"><li>-Discussion on Janmashtami</li><li>- 'Mukut Making Activity'</li></ul>

#### Learning objectives:

- Who are they?
- To describe what students know about the family by thinking and sharing facts.
- To know about different types of families.

- To understand the vocabulary related to family members.

Topic	Methodology
Who are they?	- Discussion on family members and enactment of their roles. - Children will speak about their family members. - Video on 'family' would be shown.
World Literacy Day	- Celebrating World Literacy Day. - Celebrating the same with poster making.
World Tourism Day	- Pasting pictures of any important place/monument and writing about the same.

## OCTOBER

### Learning objectives:

- We are a happy family
- To understand the role of different family members.
- To be able to discuss the things that family members do together.
- To be able to analyse how family members can help each other.
- Gandhi Jayanti Celebration
- To gain knowledge about important people in our history.

Topic	Methodology
We are a happy family	- Children will create their own family tree in the notebook. Discussion would be done to explore ways in which we can bond with each other. - Storytelling and role play would be conducted to understand the importance of each family member. - Children will discuss ways in which family members can help each other. - Children will make a list of fun activities that their family do together.
Gandhi Jayanti Celebration	- Discussion on why 'Gandhi Jayanti' is celebrated and writing about the same in the notebook.

**Learning objectives:**

- Fairs and festivals
- To understand the meaning of fairs and festivals.
- To explore various festivals celebrated in our country.
- To understand why and how a particular festival is celebrated.
- Dussehra Celebration
- To inculcate the value of Right vs. Wrong .

Topic	Methodology
Fairs and Festivals	<ul style="list-style-type: none"><li>- Creative work would be done according to festivals. - Diwali greeting card making</li><li>- Cotton pasting in Christmas tree.</li><li>- Drawing diyas.</li><li>- Writing about different festivals in the notebook.</li></ul>
Dussehra Celebration	<ul style="list-style-type: none"><li>- Discussion on Right Vs Wrong</li><li>- Enactment of some scenes from Ramayana (Skit Play).</li></ul>

**NOVEMBER****Learning Objectives:**

- Know your surroundings
- To generate awareness among the learners about the environment around us.
- To make the children understand the difference between the river, pond and sea.
- To acquaint children about various landforms.
- Diwali Celebration
- To inculcate the spirit of light and positivity .
- Children's Day Celebration
- To gain knowledge about important people in our history and celebrate this special day .
- Gurupurab (Gurunanak Jayanti) Celebration
- To gain knowledge and respect about different religions

Topic	Methodology
Know your surroundings	<ul style="list-style-type: none"> <li>- What is it?</li> </ul> <p>PowerPoint presentation on different areas would be shown and children would recognize the area. They will then talk about it.</p> <ul style="list-style-type: none"> <li>- Pasting a family outing photograph in the notebook. Children will share their experiences and feelings.</li> </ul>

Diwali Celebration	<ul style="list-style-type: none"> <li>- ‘Toran Making Activity’</li> </ul>
Children’s Day celebration	<ul style="list-style-type: none"> <li>- Narration of children’s stories and anecdotes from Jawaharlal Nehru</li> </ul>
GuruPurab Celebration	<ul style="list-style-type: none"> <li>- Discussion on GuruNanak ji and children story on ‘love and equality’</li> </ul>

## DECEMBER

### Learning Objectives:

- Plants
- To identify and describe the parts of a plant.
- To differentiate between types of plants, climbers and creepers.
- To observe and differentiate between various leaves.
- To acquaint the children with the various things that plants give us.

Topic	Methodology
Plants	<ul style="list-style-type: none"> <li>- Children will sow seeds in a plastic glass and grow them. They will be encouraged to become Eco-buddy (one who protects the environment)</li> <li>-Children will go for ‘Nature Walk’ and observe parts of plants.</li> <li>- Collage on things we get from plants.</li> </ul>
Christmas Celebration	<ul style="list-style-type: none"> <li>- Discuss how and why Christmas is celebrated</li> <li>- Decorate a Christmas tree.</li> <li>- Children will discuss how Christmas is celebrated in their house.</li> </ul>

**Learning objectives:**

- Animal kingdom
- To make the children understand the importance of animals in our environment.
- To differentiate animals on the basis of size.
- To acquaint children with the differences between wild and domestic animals.
- To make the children understand about some features of birds.

Topic	Methodology
The animal kingdom	<ul style="list-style-type: none"><li>- Writing about animals and birds in the notebook.</li><li>- Children will paste pictures of animals they have seen in their day to day life.</li><li>- A feel of the animal world would be given through a virtual tour in the class.</li></ul>

**III TERM****JANUARY****Learning Objectives:**

- Water
- To explain the role of water in our life
- To understand various sources of water around us
- To explain how water is essential for survival of plants and animals
- To discuss the water cycle

Topic	Methodology
Water	<ul style="list-style-type: none"> <li>- Discussion on sources and uses of water</li> <li>- Paragraph completion 'when the taps go dry, I sit and think why? With the help of a teacher, children will explore why water is wasted?</li> <li>- 'Save the Water' craft will be done in class.</li> </ul>

### **Learning Objectives:**

- Important places
- To understand and explain the meaning of neighbourhood.
- To discuss about important places around us
- To identify important place and talk about them

Topic	Methodology
Important places	<ul style="list-style-type: none"> <li>- Discussion on important places around us like school, hospital, post office etc</li> <li>- Pasting pictures of important places in notebook</li> <li>- Show and tell – on screen, pictures of important places would be shown. Children will recognise the place and talk about it.</li> </ul>

## **FEBRUARY**

### **Learning Objectives:**

- Let's meet them
- To acquaint children about helpers
- To identify the role and importance of helpers
- To inculcate the value of helping each other and to lend assistance when needed



Topic	Methodology
Let's meet them	<ul style="list-style-type: none"> <li>- Quiz on helpers will be organised in class.</li> <li>- Role plays on various helpers in our life.</li> <li>- The students will be asked to think of examples where they have seen 'helpers' at work.</li> <li>- Audio visual on 'Community Helpers'</li> <li>- Writing about helpers in the notebook</li> </ul>

## VOCAL MUSIC 2023 – 2024

### OBJECTIVES

- Participate as a member of group
- Sing simple songs in english and hindi
- Move body parts in response to action songs/rhymes
- Be a good audience, coordinate thinking with action

Every class will begin with the chanting of 'OM' (Gayatri Mantra)

THEME CONTENT	TEACHING AID	METHODOLOGY / ACTIVITY	LEARNING OUTCOME
APRIL- GAYATRI MANTRA, PRACTICE OF PRAYER (Itni shakti humein dena data)	HARMONIUM	MEMORISING THE SONG / SINGING	DEVELOPING SINGING SKILLS
MAY-SEVEN NOTES (Sa, Re, Ga, Ma, Pa, Dha, Ni) & 3 ALANKARS	HARMONIUM	SING THE NOTES INDIVIDUALLY	HONING THE SINGING SKILLS
JUNE- PRAYER (Hum Ko Mann Ki Shakti Dena)	HARMONIUM	SING INDIVIDUALLY	UNDERSTAN D PITCHING

JULY-SAARE JAHAN SE ACHHA	HARMONIUM	GET TO KNOW THE COMMUNITY SONGS	DEVELOPING RHYTHMIC SENSE & THE FEELING OF PATRIOTISM
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AUGUST- DAV GAAN, NATIONAL ANTHEM	HARMONIUM	THEY WILL LEARN THE SONG AND SING INDIVIDUALLY	DEVELOPING THE SENSE OF SUR AND TAAL
SEPTEMBER - VANDE MATARAM	HARMONIUM	PRONUNCIATION OF NEW WORDS	ENJOY THE VARIETY
OCTOBER; ASTO MA SADGAMAY A - MANTRAS	HARMONIUM	ENUNCIATE THE LYRICS	INDIAN CULTURE
NOVEMBER- WE SHALL OVERCOME /HUM HONGE KAAMYAAB	HARMONIUM	DIFFERENTIATE BETWEEN THE TWO LANGUAGES	MAKE THEM UNDERSTAND THE FEELING OF UNITY
DECEMBER- SHANTI PATH	HARMONIUM	HEAVY TERMINOLOGIES	HOW TO GET CALM
JANUARY- DAYANAND KE VEER SAINIK	HARMONIUM	LEARN THE SONG AND SING INDIVIDUALLY	SCHOOL AND NATIONAL SONG
FEBRUARY- DHAN DHAN DHAN MANGAL	HARMONIUM	NEW NOTES AND PITCH	VERSATILITY IN SONGS

# ART AND CRAFT

## Learning objectives:

Art and craft plays an important role in children's thinking. It enhances their imagination and creative thinking.

The objectives of teaching art are –

- ❖ To develop observation, imagination, and self-expression.
- ❖ To develop eye-hand coordination.
- ❖ To enhance creative thinking skills.
- ❖ To improve their colouring.
- ❖ To work confidently with a variety of materials.

April – May	
Topic	Methodology
Mother's Day Earth day Colouring	Mother day crown Poster making Step by Step book
July – August	
My family Duck Flower making Colouring Independence day	Free hand drawing Paper folding Finger printing Step by step book Kite making
September – October	
Colouring Dussehra	Step by step book Festival related art and craft
November – December	
Colouring Diwali activity	Step by step book Diya decoration
January – February	
Colouring	Step by step book

Republic Day activity	Card making
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## FITNESS AND YOGA

### APRIL & MAY

TOPIC	LEARNING OBJECTIVES	TEACHING METHODOLOGY / ACTIVITIES
General warming up	<ul style="list-style-type: none"> <li>To increase the body temperature.</li> </ul>	<ul style="list-style-type: none"> <li>Jogging, jumping, running and stretching.</li> </ul>
<b>Yoga</b> <ul style="list-style-type: none"> <li>Sukshma vyayam</li> </ul>	<ul style="list-style-type: none"> <li>To strengthen the neck, shoulder, arm, elbow.</li> <li>To tone up the joints.</li> </ul>	<ul style="list-style-type: none"> <li>Griva shakti Vikasaka (Neck exercise ).</li> <li>Purna bhuja shakti vikasaka.</li> <li>Kohini shakti vikasaka.</li> </ul>
<ul style="list-style-type: none"> <li>Asana</li> </ul>	<ul style="list-style-type: none"> <li>Gentle massage to knees, calf muscles and thighs.</li> </ul>	<ul style="list-style-type: none"> <li>Sukhasana.</li> </ul>
<ul style="list-style-type: none"> <li>Yoga and mantra</li> </ul>	<p>To create a positive vibration.</p> <p>To purify the environment.</p> <p>To remove toxins from the body.</p>	<ul style="list-style-type: none"> <li>Mantra chanting.</li> </ul>

### JULY

TOPIC	LEARNING OBJECTIVES	TEACHING METHODOLOGY / ACTIVITIES
Agility balance and coordination	<ul style="list-style-type: none"> <li>To identify different body parts.</li> </ul>	<ul style="list-style-type: none"> <li>Showing parts of the body move and exercises.</li> <li>Place a bean bag on the head, shoulder, elbow, knees and toes</li> </ul>

		and walk on the marked area.
YOGA Sukshma vyayam	<ul style="list-style-type: none"> <li>• To develop the muscles of waist, thigh, toes.</li> </ul>	<ul style="list-style-type: none"> <li>• Kati shakti vikasaka.</li> <li>• Padashakti vikasaka</li> </ul>
<ul style="list-style-type: none"> <li>• Asana</li> </ul>	<ul style="list-style-type: none"> <li>• To improve concentration.</li> <li>• To improve our digestive system.</li> <li>• To activate the spinal nerves.</li> <li>• To be able to stretch and bend.</li> <li>• To strengthen the calf and thigh muscles.</li> </ul>	<ul style="list-style-type: none"> <li>• Vajrasana</li> <li>• Padhast asana</li> </ul>
<ul style="list-style-type: none"> <li>• Pranayam</li> </ul>	<ul style="list-style-type: none"> <li>• Helps relieve headaches.</li> <li>• Builds up stamina in the lungs.</li> </ul>	<ul style="list-style-type: none"> <li>• Anulom vilom</li> </ul>

## AUGUST

TOPIC	LEARNING OBJECTIVES	TEACHING METHODOLOGY / ACTIVITIES
Stretching exercises	<ul style="list-style-type: none"> <li>• Help prevent injuries such as muscle strains.</li> <li>• Through improved flexibility.</li> <li>• Develop good posture and body awareness.</li> </ul>	Head to toe exercises.

<b>YOGA</b> • Asana	• To give vertical stretch to whole body muscles. • To help in improving the height of growing children. • Improves focus, balance and stability. • Improves digestion. • Calm the brain.	• Tadasana. • Virabhadrasana • Paschimottanasana
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## SEPTEMBER

TOPIC	LEARNING OBJECTIVES	TEACHING METHODOLOGY / ACTIVITIES
Running and jumping	• Know the different parts of the foot involved in running. • Learn how to jump with your feet together and from one foot to the other.	• Run forwards, Backwards and sideways. • Jump with feet together.
<b>Yoga</b> • Asana	• To help in getting rid of stiffness in the hip joints and lower back. • To relieve stress and tiredness. • For relaxing and stretching the aching thighs.	• Ardha chakrasana. • Titli asana.
• Pranayama	• To control the body temperature. • To cool the body and mind.	• Sheetal pranayam.

## OCTOBER

TOPIC	LEARNING OBJECTIVES	TEACHING METHODOLOGY / ACTIVITIES
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Jumping and hopping	<ul style="list-style-type: none"> <li>• To improve balance on two feet and one foot, jump with both feet together.</li> <li>• To hop from one foot and land on the same foot.</li> </ul>	<ul style="list-style-type: none"> <li>• Jump along the same line and jog.</li> <li>• Hop along a line using one foot and back using the other foot.</li> </ul>
<b>YOGA</b> • Asana	<ul style="list-style-type: none"> <li>• To improve flexibility of spine and strengthen it.</li> <li>• Ustrasana stretches the anterior muscles of the body.</li> <li>• To give a good relaxing stretch to the spine.</li> <li>• To tone up the pelvic muscles.</li> <li>• To bring calmness and peace.</li> <li>• To improve concentration and memory.</li> </ul>	<ul style="list-style-type: none"> <li>• Ustrasana.</li> <li>• Shashankasana.</li> <li>• Ardha padmasana</li> </ul>

## NOVEMBER

TOPIC	LEARNING OBJECTIVES	TEACHING METHODOLOGY / ACTIVITIES
• Static balance	<ul style="list-style-type: none"> <li>• To hold positions of static balance on large body parts.</li> <li>• To improve muscle strength.</li> </ul>	<ul style="list-style-type: none"> <li>• Hold static balances on different body parts on bottom, on back, on shoulders, on side.</li> </ul>

<p><b>YOGA</b></p> <ul style="list-style-type: none"> <li>• Asana</li> </ul>	<ul style="list-style-type: none"> <li>• To gently massage the internal organs, abdominal organs and spleen.</li> <li>• To strengthen the rib bones.</li> <li>• To strengthen the shoulders, neck, arm, abdomen, back and thighs.</li> <li>• To stretch the waist region and makes lower back strong.</li> <li>• To tone up muscles of the leg.</li> <li>• Regular practice of this pose will help in developing concentrations among students.</li> </ul>	<ul style="list-style-type: none"> <li>• Janushirshasana</li> <li>• Katichakrasana</li> <li>• Vrikshasana</li> </ul>
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## DECEMBER

TOPIC	LEARNING OBJECTIVES	TEACHING METHODOLOGY / ACTIVITIES
Respond to command and signals	<ul style="list-style-type: none"> <li>• To respond correctly to auditory and visual commands in timely manner.</li> </ul>	<ul style="list-style-type: none"> <li>• Start ,go ,run, stop,sit,jump etc. on command.</li> </ul>



<b>Yoga</b> • Asana	<ul style="list-style-type: none"> <li>• To benefit the respiratory organs as well as digestive organs.</li> <li>• To relax the body and mind.</li> <li>• To make our spine flexible.</li> <li>• To give rest to the body and keep the spine and neck healthy.</li> <li>• To strengthen the back and abdominal muscles.</li> <li>• To stimulate digestive system.</li> </ul>	<ul style="list-style-type: none"> <li>• Makarasana</li> <li>• Bhujangasana</li> <li>• Naukasana</li> </ul>
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## JANUARY

TOPIC	LEARNING OBJECTIVES	TEACHING METHODOLOGY / ACTIVITIES
• General warm up	<ul style="list-style-type: none"> <li>• To be able to perform simple whole body stretches.</li> <li>• To raise the body temperature.</li> </ul>	<ul style="list-style-type: none"> <li>• Moving in different ways, bunny hopping, frog jump, whole body activities.</li> </ul>
<b>Yoga</b> • Asana	<ul style="list-style-type: none"> <li>• To bring stability in body and mind.</li> <li>• To stretch leg, muscles and ligament of leg.</li> <li>• To strengthen the lower back and abdominal muscles.</li> <li>• To strengthen the ankles, thighs, calves and spine.</li> </ul>	<ul style="list-style-type: none"> <li>• Ardhalasana</li> <li>• Setubandhasana</li> <li>• Utkatasana</li> </ul>

## FEBRUARY & MARCH

TOPIC	LEARNING OBJECTIVES	TEACHING METHODOLOGY / ACTIVITIES
Specific warming up	<ul style="list-style-type: none"> <li>• To prepare the body gradually and safely for an activity.</li> </ul>	<ul style="list-style-type: none"> <li>• It includes stretching of muscles specifically used in freehand exercises such as arm rotation and leg stretching.</li> </ul>
<b>YOGA</b> • Asana	<ul style="list-style-type: none"> <li>• To stimulate and regulate the functioning of glands.</li> <li>• It is good for joints of the shoulder, knee, ankles and entire backbone.</li> <li>• It is good for legs, thighs, lower abdomen and wrists.</li> <li>• To improve the flexibility of the spine.</li> <li>• To tone up the muscles in the trunk, legs and hips.</li> </ul>	<ul style="list-style-type: none"> <li>• Dhanurasana.</li> <li>• Ardhashalabhasana.</li> <li>• Trikonasana.</li> </ul>
Yoga for concentration	<ul style="list-style-type: none"> <li>• To develop proper breathing habits.</li> <li>• To help in blood purification.</li> </ul>	<ul style="list-style-type: none"> <li>• Breathing with awareness.</li> </ul>

## HOLIDAY HOMEWORK CLASS 1 SESSION 2023-24



Dear Parents,

Summer break is here. There is no rush to sleep and wake up early. You will have plenty of time to spend with your child. Keeping this in mind we have planned activities to keep the child engaged and also to help them learn through hands-on experiences.

Let's prepare ourselves not just to relax and rejuvenate but also to utilize the time in creative ways. It is time of the year when we can do things which we are unable to do during the regular routine days

### **Jump, exercise, sweat!**

Channelize your child's energy and enjoy playing physical games at home.

Enhance your child's communication skills by conversing with them in English at home or on call with friends and family.

Sensitize your child about the rich culture and heritage by watching different informative channels like The National Geographic, Animal Planet etc

## **ENGLISH**



### **ACTIVITY 1: READING IS FUN**

Reading is something that builds up our imaginative skills.

Read books to children and encourage them to read too! May it be fables, fairy tales, encyclopaedias or comic books. Explore the imaginative world and go on a fantasy tour.

Suggested readings-

- Cinderella
- Snow White and the Seven Dwarfs
- The Ugly Duckling
- Thumbelina

- Little Red Riding Hood

Let's utilise these holidays to read some of our favourite FAIRY TALES.

Mermaids, fairies, magic, and talking animals are what comes to our mind when we think of Fairy Tales. These tales are so much more than just stories.

Read and watch any one fairy tale listed above. **Draw and colour your favourite fairy tale character on an A4 sheet of paper.**

Bring any one story book with simple text for class library. Write child's name on it.

Make chart (use A3 sheets only) on following topics according to roll numbers

- 1-3 ee, ll, oo sound words
- 4-6 sh, ch, th sound words
- 7-9 ss, ck, ng sound words
- 10-12 Use of I, he, she, it
- 13-15 One and many
- 16-18 Gender
- 19-21 Use of You, We and They
- 22-24 Use of This/that, These/those
- 25-27 Use of has and have
- 28-30 Use of what
- 31-33 Use of his and her
- 34-36 Opposites
- 37-39 Action words
- 40-42 Use of a and an
- 43-45 Use of is and am
- 46-50 Use of was and were

Refer to My English reader book to get clarity on the above topics. **Kindly make sure that the chart has bold text and colourful pictures.**

Revise all the work done so far.

Enhance your child's communication skills by conversing with him/her in English at home or on phone calls with friends and family.

# हिंदी



एक हिंदी की कहानी क किताब लेकर आए (नाम और लिखकर)

अनुमांक अनुसार चित्र सहित सुन्दर चार्ट बनाए (A-3size sheet) प्रयोग करे

रोल नंबर

- 1 -4 आ की मात्रा
- 5-9 इ की मात्रा
- 10-14 ई की मात्रा

- 15-19 उ की मात्रा
- 20-24 ऊ की मात्रा
- 25-29 ए की मात्रा
- 30-34 ऐ की मात्रा
- 35-39 ओ की मात्रा
- 40-44 औ की मात्रा
- 45-50 अं की मात्रा

Kindly ensure that pictures related to matras are neat and colourful.

## MATHS



1. Revise counting up to 99, Number Names from 1 to 30 and the Place Value concept (tens and ones).
2. Find any 4 things in your house that are taller than you and 3 things that are shorter than you and draw them on a white A4 size sheet.
3. Make a beautiful chart on an A3 size sheet according to the following roll numbers
 

1 to 10	Pre number concepts (Big/small, thick/thin, heavy/light)
11 to 20	Ordinal numbers (with pictures)
21 to 30	Shapes (draw beautiful objects of different shapes)
31 to 40	Time (make beautiful clocks showing the concept of time)
41 to 50	Days of the week

The charts must be readable and colourful.

## EVS



- Prepare **an article with waste material** that is useful. Some of the examples are pen stands, keychain, phone pouch, jewellery, shopping bag etc. This will foster child's creative skills
- On an A4 sheet, prepare any **creative work using waste material** like pencil shaving, ear bud printing, thumb block painting etc. It helps in eye hand coordination and will enhance aesthetic appreciation skills.

Make a chart (A3 size) according to roll numbers

- 1-3 Body parts
- 4-6 Helpers

- 7-9 Objects/Things that help us to keep clean
- 10-12 Healthy and Junk food
- 13-15 Types of food (Milk & its products, grains, vegetables, fruits etc)
- 16-18 Season based clothes
- 19-21 Types of Houses
- 22-24 Nuclear & Joint family
- 25-27 Religious & National Festivals
- 28-30 Know your surroundings(desert, plain, rivers etc)
- 31-33 Parts of plant/ tree
- 34-36 Things we get from plants
- 37-39 Sources of water (well, river, lake etc)
- 40-42 Types of animals (wild, domestic, pet, birds etc)
- 43-45 Helpers
- 46-50 Environment related poster

**\*Please refer to EVS book, My Living World to have clarity on the above topics\***

## ART and CRAFT



- 1- 10 Make beautiful flowers of different sizes and patterns (5 in number)
- 11-20 Make 5 colourful butterflies of different patterns
- 21-30 Make 5 colourful birds like peacock, sparrow, owl, duck etc
- 31-40 Make 5 cartoon bees of different patterns
- 41-50 Make 5 different fruits

The craft items mentioned above need to be made using materials like origami sheets, pastel sheets of bright colour, glitter paper and other decorative materials.